

# Research Update -

## Fish Protein Isolate (FPI)



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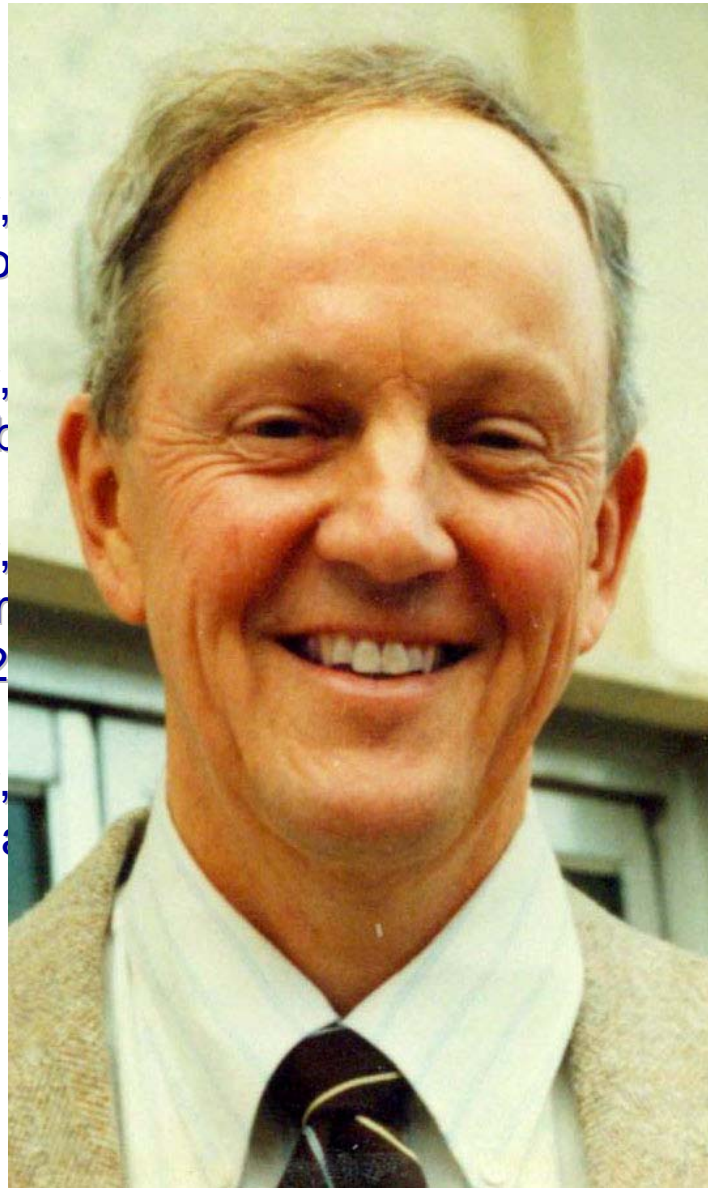
Astoria, OR 97103

Hultin, H.O. and Kelleher,  
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2002."



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composition".

B1. "Protein composition  
cle source. September 17,

**Herbert O. Hultin**

**1934 - 2007**

# RESEARCH GROUPS

## **University of Massachusetts – Prof. Herb Hultin**

**MPF Inc** – Prof. Herb Hultin

Prof. Lanier

University of Florida – Asst. Prof. Hordur Kristinsson

## **Oregon State University – Prof. Jae Park**

Gyeongsang National University – Prof. Yeung Joon Choi

Suranaree University of Technology – Asso. Prof. Jirawat Yongsawatdigul

West Virginia University – Asst. Prof Jacek Jaczynski

## **NC State University – Prof. Tyre Lanier**

# Early Trials and Recent Improvement

- **Trials in Kodiak and Chile**

- ▶ Acid soluble FPI

- **Iceland**

- ▶ Acid soluble → Alkali soluble

- **MPF Inc**

- ▶ Marinade (FPI Slurry)

- **Proteus**

- ▶ Barrier film for fried items

- **Problems and Control**

- ▶ **Foaming**

- Probably with acid soluble
- Not with alkali soluble?

- ▶ **Control process**

- Bio-reactor (Jaczynski)

- ▶ **Adjustment – per species, seasonal variation**

# Introduction

- **Surimi (Conventional):** “Refined” and stabilized fish myofibrillar proteins ....  
“Refined” means....
- **Fish protein isolate (FPI) by pH shift:**
  - ▶ Solubilize @ high acid/alkaline pH
  - ▶ Isolate @ the pI
  - ▶ Adjust to the neutrality

# Surimi Process/ Fish Protein Isolate

## Conventional method

Mince : cold water = 1: 1 ~ 3

2 ~3 Washing cycles

Dewatering

Refiner/Screw Press

Lose  
~30%  
(soluble)  
proteins

## Acid- or alkali-aided method

Mince : cold water = 1: 5~9

pH 2 ~ 3 or 10 ~ 11

Centrifuge → insoluble parts

pH 5.5

Centrifuged - recover precipitates

Freezing w/ Cryoprotectants

**SURIMI / FISH PROTEIN ISOLATE**

# Surimi Process/ Fish Protein Isolate

## Conventional method

Mince : cold water = 1: 1 ~ 3

2-3 Washing cycles

**DENATURATION  
MUST BE  
AVOIDED!**

Refiner/Screw Press

Lose  
~30%  
(soluble)  
proteins

Freezing w/ Cryoprotectants

SURIMI / FISH PROTEIN ISOLATE

## Acid- or alkali-aided method

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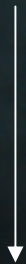
**DENATURATION IS  
INDUCED!**



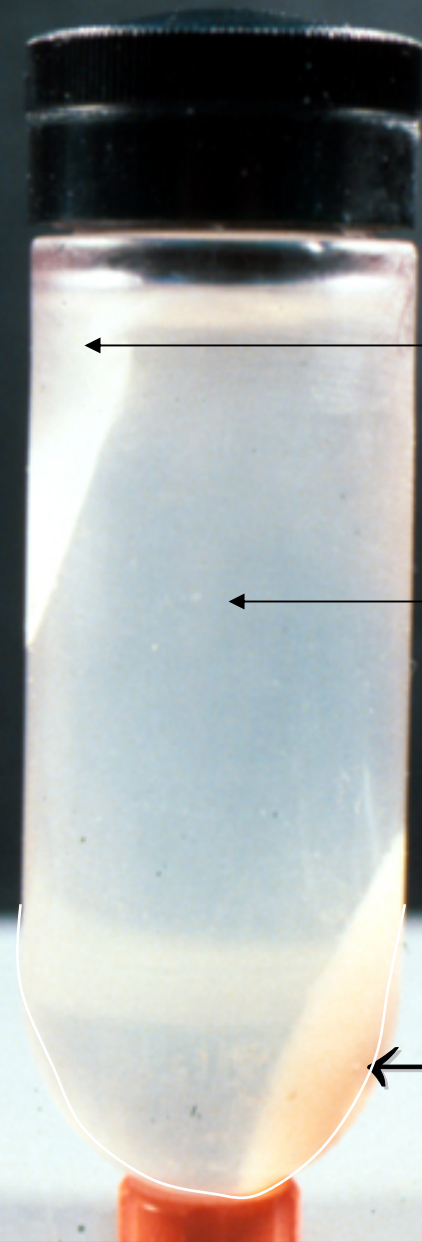
Homogenization



Solubilization



Centrifugation



← *Neutral Lipids*

← *Soluble Protein*

← *Sediment*

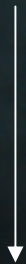
Bone, Membrane lipid,  
Connective tissue



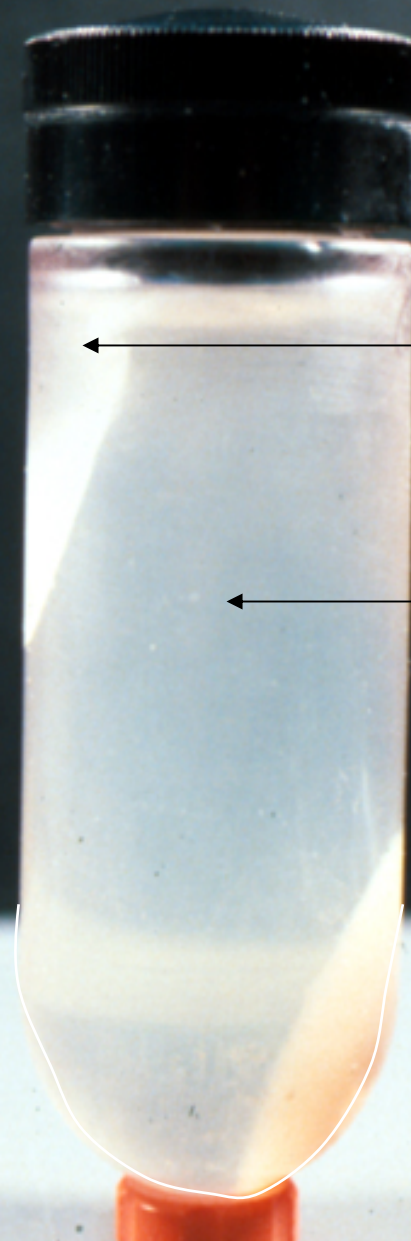
Homogenization



Solubilization



Centrifugation



*Neutral Lipids*

*Soluble Protein*

Membrane lipids removed for  
**Greater Stability**

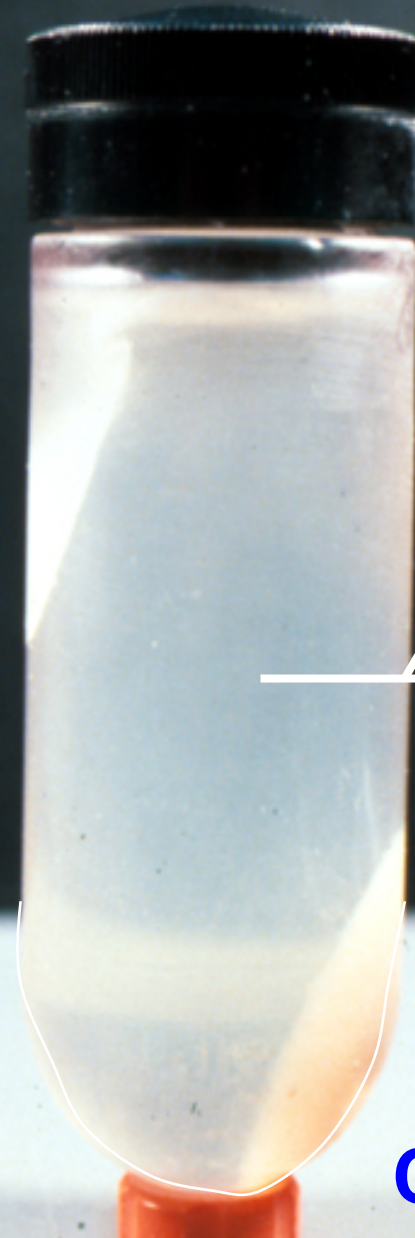
Homogenization



**Solubilization**

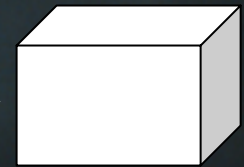


Centrifugation



Clean Effluent

Precipitation



**FISH PROTEIN ISOLATE**



**Freeze with Cryoprotectant**

## 36 Publications on FPI since 2000

	<b>Species</b>	<b>Acid</b>	<b>Alkali</b>	<b>Reference</b>
Proteolytic degrade. of homogenate	Herring Catfish Pacific whiting	Yes No Yes	Negligible No	Undeland et al (2002) Kristinsson et al (2005) Choi and Park (2002)
Phospholipids (g/g protein) Removal of lipid	Herring Rainbow trout Krill	0.037 Less lipid removal Less lipid removal	0.02 More lipid removal More lipid removal	Undeland et al (2002) Chen and Jaczynski (2007a) Chen and Jaczynski (2007b)
Yield	Croaker/J. Mackerel Tilapia Catfish Atlantic Croaker Pacific whiting Pacific whiting Rainbow trout	Equal Higher Higher (<100 mM NaCl) Equal Equal	Higher Higher Equal Higher (>100 mM) Equal Equal	Choi and Kim (2005) Ingadottir (2004) Kristinsson et al (2005) Kristinsson and Liang (2006) Thawornchinso. and Park (05) Kim, Choi, and Park (2005) Chen and Jaczynski (2007)
Gel Color	Herring Catfish Atlantic Croaker Rockfish Pacific whiting Pacific whiting Rainbow trout Krill Menhaden Sardine/Mackerel	Equal Higher b* Higher b* Whiter (Lower b*) Darker than conv surimi Slightly whiter Significantly whiter	Whiter  Whiter  Whiter Whiter than conv surimi	Undeland et al (2002) Kristinsson et al (2005) Kristinsson and Liang (2006) Yongsawatdigul and Park (05) Choi and Park (2002) Kim, Choi, and Park (2003) Chen and Jaczynski (2007a) Chen and Jaczynski (2007b) Perez-Mateos and Lanier (06) Chaijan et al (2005) - Benjakul

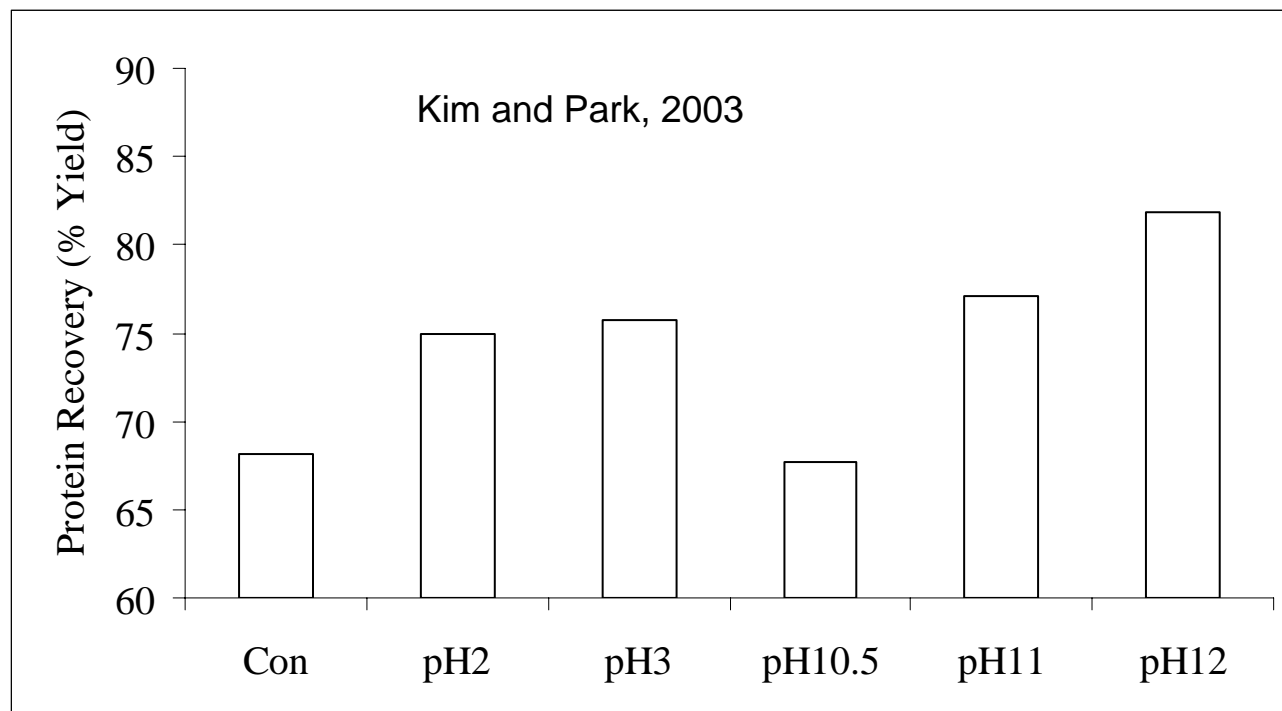


## 36 Publications on FPI since 2000

	Species	Acid	Alkali	References
Gel Texture	Herring Tilapia Atlantic Croaker  Rockfish Pacific whiting Pacific whiting Pacific whiting Rainbow trout Krill Menhaden Sardine/Mackerel	Equal   Similar to conv surimi Equal	Equal Better Better Better Better  Equal Better Better Better Better Lower than conv. surimi	Undeland et al (2002) Ingadottir (2004) Kristinsson and Liang (2006) Perez-Mateos et al (2004) Yongsawatdigul and Park (05) Choi and Park (2002) Kim, Choi and Park (2003) Thawornchinso. and Park (07) Chen and Jaczynski (2007a) Chen and Jaczynski (2007b) Perez-Mateos and Lanier (06) Chaijan et al. (2005) - Benjakul
Oxidation during storage	Atlantic Croaker	Higher	Stable	Kristinsson and Liang (2006)
Salt addition on gel	Croaker/J Mackerel Tilapia  Atlantic Croaker	Lower gel Positively/Torsion Negatively/G' Negligible	Lower gel Positively/Torsion Negatively/G' Negligible	Choi and Kim (2005) Ingadottir (2004)  Perez-Matero et al (2004)
	Sardines, Squid			Mexico – Pacheco, Garcia's group

## Protein Recovery

(Yield) – Pacific whiting



**Table 1---** **Protein recoveries** and **lipid reductions** using the conventional surimi process, acid-aided process and alkali-aided process to recover proteins from **Atlantic croaker**

	<b>Conventional</b>	<b>Acid-aided</b>	<b>Alkali-aided</b>
<b>Protein recovery</b>	57.7% <sup>a</sup>	<b>78.7%<sup>c</sup></b>	65.0% <sup>b</sup>
<b>Lipid reduction</b>	16.7% <sup>a</sup>	38.1% <sup>b</sup>	68.4% <sup>c</sup>

Means in each row having different superscript letters are significantly different ( $P < 0.05$ ).

Kristinsson and Liang (2006)

## Removal of lipid content in FPI

Table 1. Proximate Analysis<sup>a</sup> of the Recovered Trout Proteins That Were Solubilized at Different pH Values and Precipitated at pH = 5.50<sup>b</sup>

treatment (pH value)	moisture (%)	lipid (% dry basis)	protein (% dry basis)	ash (% dry basis)
2.5	78.07 ± 0.31 b	18.98 ± 1.75 a	36.78 ± 2.52 c	2.14 ± 0.10 a
3.0	80.50 ± 0.30 a	18.08 ± 1.60 a	53.81 ± 0.51 a	1.60 ± 0.16 b
12.0	75.49 ± 0.29 c	8.80 ± 0.92 b	45.42 ± 1.81 b	1.61 ± 0.05 b
12.5	76.94 ± 0.64 b	10.99 ± 0.39 b	44.28 ± 1.65 b	1.37 ± 0.12 b
13.0	77.62 ± 0.41 b	9.89 ± 0.47 b	49.34 ± 2.11 ab	2.14 ± 0.22 a

More lipids were removed at alkaline pH!

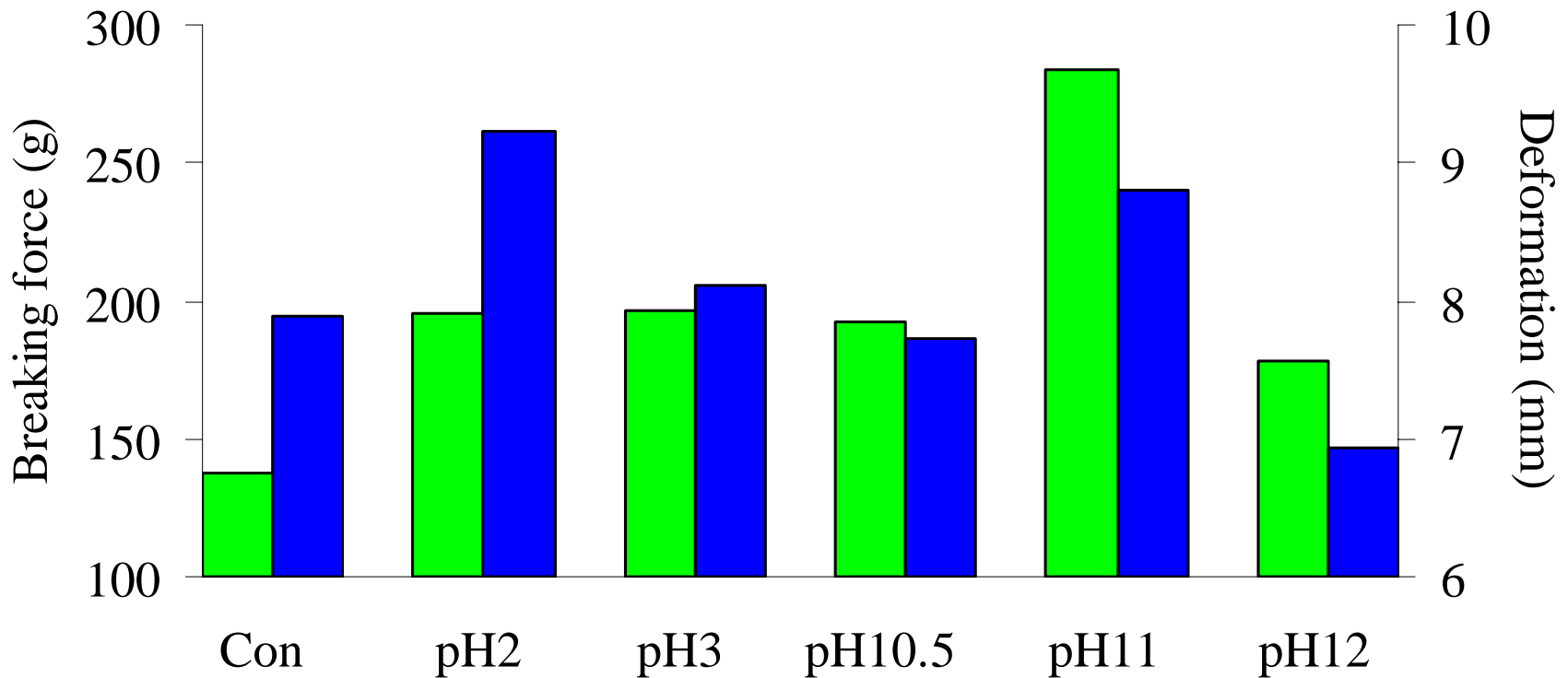
<sup>a</sup> Data are given as mean ± SEM ( $n = 3$ ). Mean values in a vertical column with different letters were significantly different (least-squares difference test;  $P < 0.05$ ). <sup>b</sup> The cryoprotectants (4% sorbitol, 4% trehalose, 0.3% phosphate, wt:wt) were added following protein precipitation, and then the proximate analysis was performed. Proximate analysis of trout processing byproducts: 71.3% moisture, 71.5% crude protein (dry basis), 15.2% total lipid (dry basis), and 13.9% ash (dry basis).

Chen and Jaczynski (2007)

# Superior Gelling Properties of FPI compared to Conventional Surimi

## Fracture Analysis – Pacific Whiting

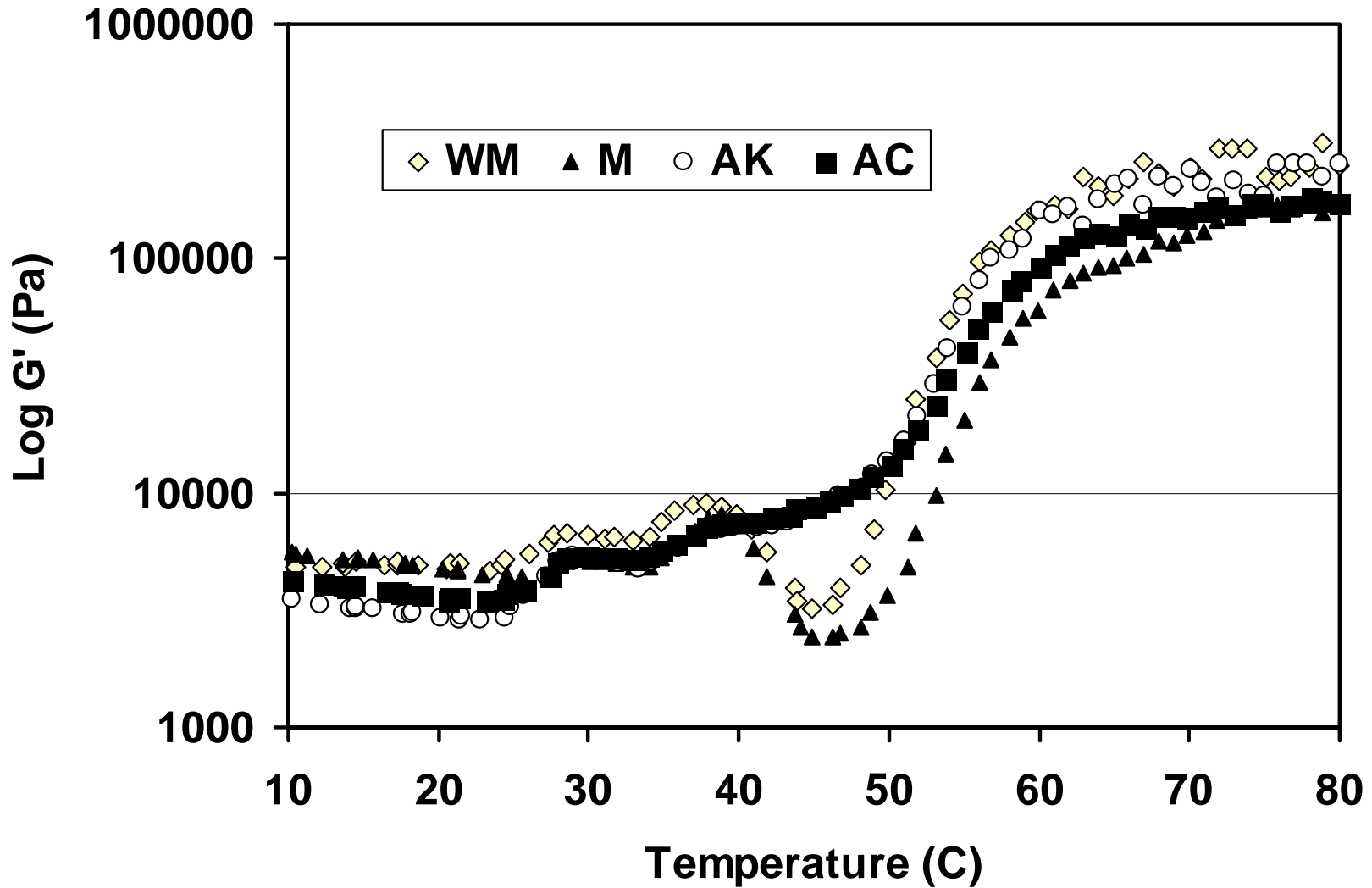
■ Breaking force (g) ■ Deformation (mm)



(Dr. Park's Lab, 2003)



# Dynamic Gel Property – Rock Fish



(Yongsawatdigul and Park, 2004)

# Texture of menhaden surimi and FPI

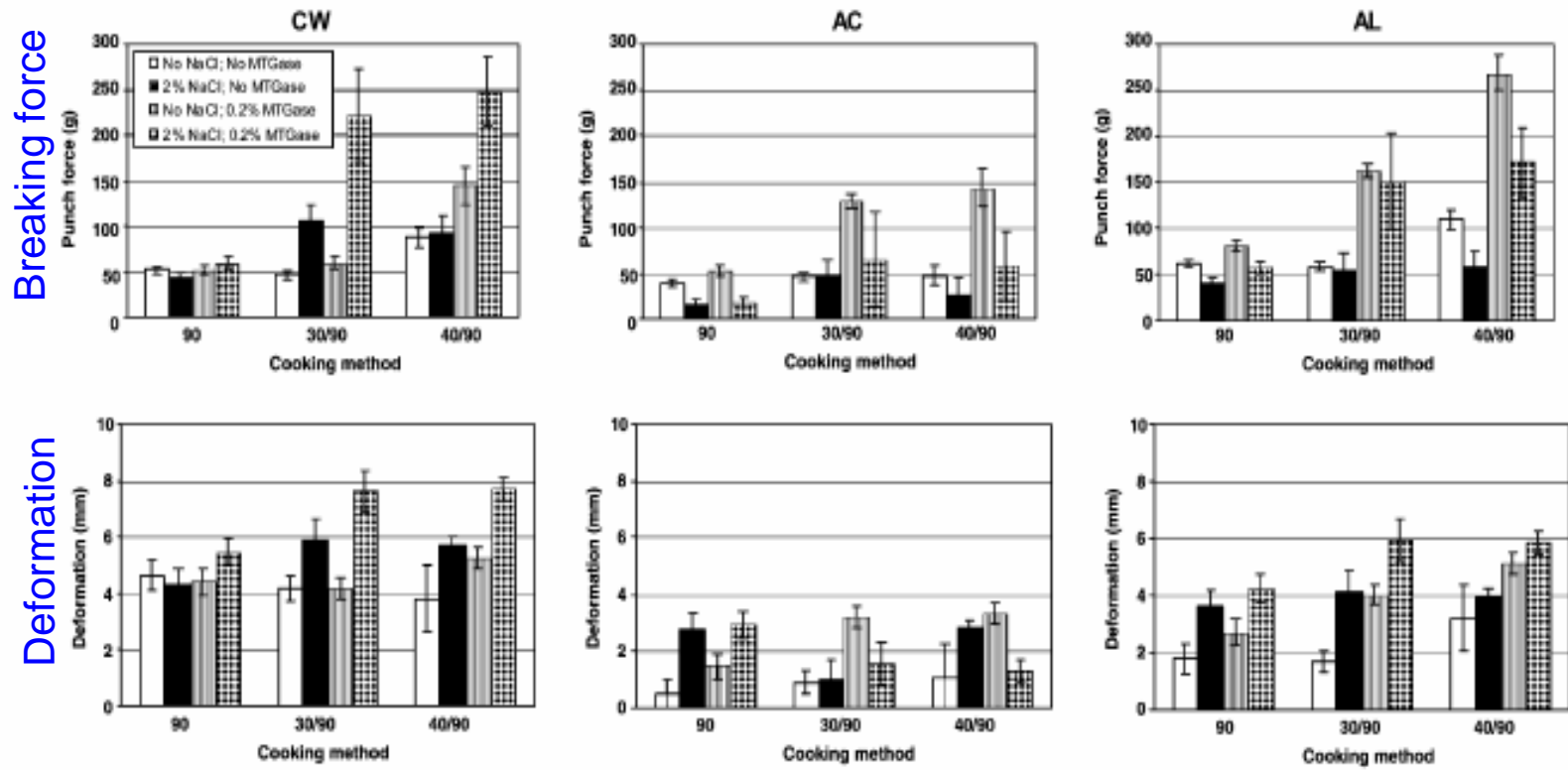


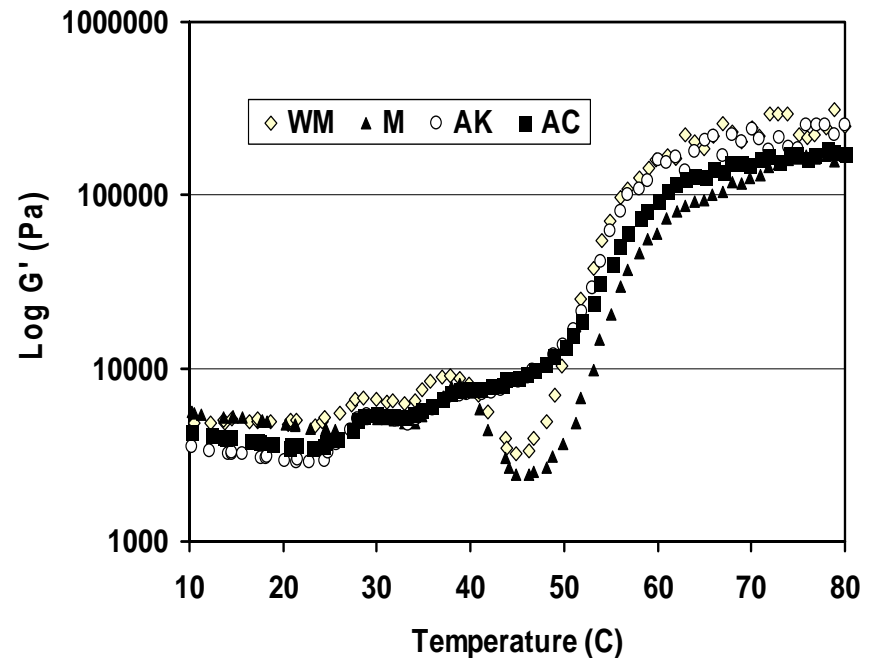
Fig. 1. Comparison of puncture test values for surimi gels made with three surimi types: conventionally washed (CW), acid-solubilized (AC) and alkaline-solubilized (AL). Gels were made with or without 2% NaCl, and with or without 0.2% added microbial transglutaminase (TGase). 90 indicates that gels were cooked at 90 °C for 20 min, 30/90 and 40/90 indicate gels incubated at 30 and 40 °C for 30 min, respectively, followed by cooking at 90 °C for 20 min. Error bars represent the standard deviation of 6–10 samples.

# Superior Gelling Properties of FPI:

## WHY?

### ● Chemically

- ▶ **Conformational changes** in HMM → **Better Charge Distribution**
- ▶ **Partial refolding** at neutral pH. The pH shift
  - Increased reactive **Thiol** group (R-SH)
  - Increased exposure of more **Hydrophobic** Groups



Kristinsson and Hultin, 2003  
Thawornchinsombut and Park, 2007

# Superior Gelling Properties of FPI:

## **WHY?**

### ● Physically

#### ▶ Enhanced Dispersion of Myofibrillar Proteins

- **Stronger, more deformable gels** are related to **more homogeneous dispersion** of myofibrillar proteins

- Supported by TEM

Sato and Tsuchiya (1992)

Wright and Lanier (2008)

# Superior Gelling Properties of FPI:

**WHY?**

Conventional Surimi:

Higher myofibrillar protein content,  
Lower sarcoplasmic protein content

Means

**Superior Gelling Properties ?**

# Superior Gelling Properties of FPI:

## **WHY?**

~~Higher myofibrillar protein content,  
Lower sarcoplasmic protein content~~

Several reports showing  
**Sarcoplasmic proteins** contribute *positively*  
to gel formation of myofibrillar proteins:

Morioka and Shimizu, 1990

Morioka et al., 1992

Morioka and Shimizu, 1993

Nomura et al., 1995

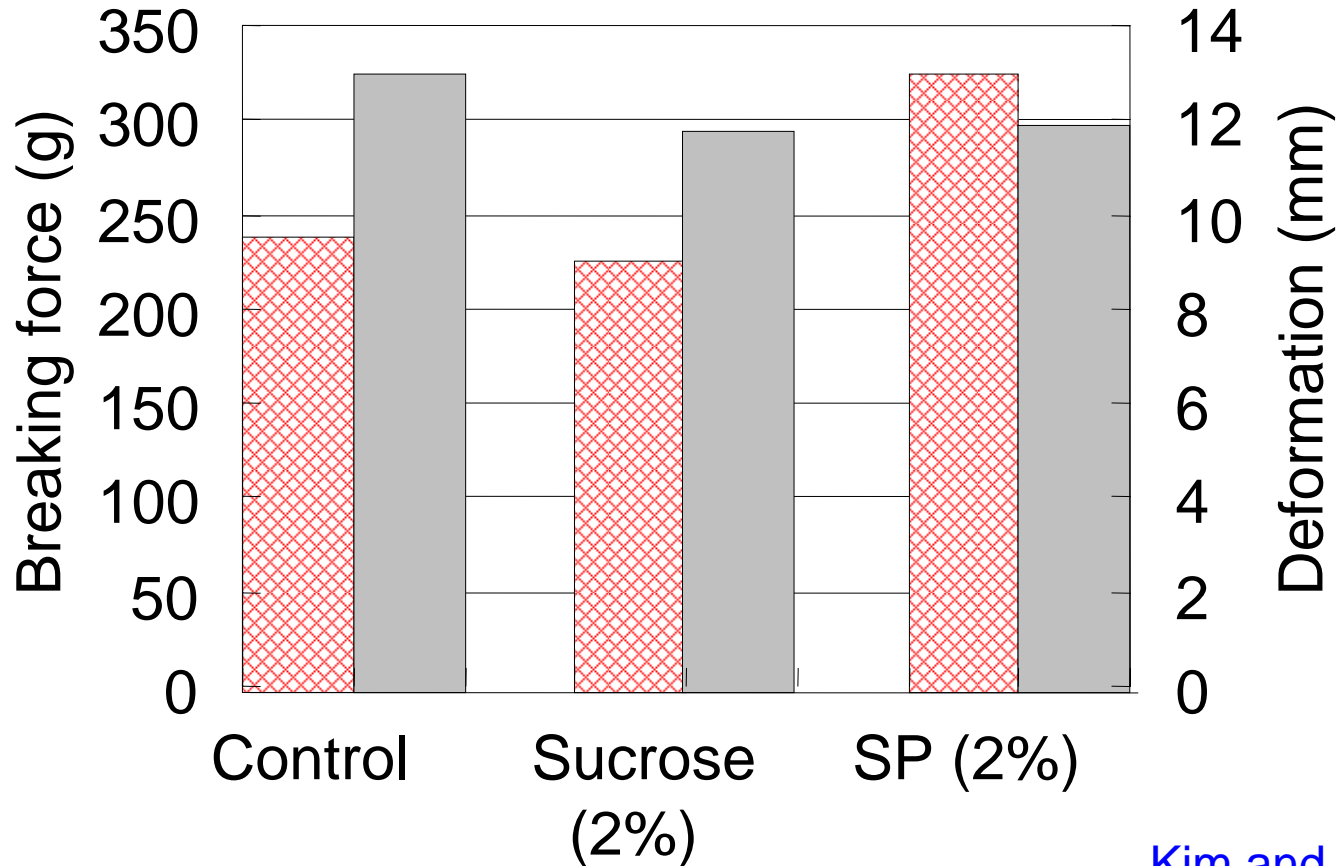
Ko and Hwang, 1995

Kim and Park, 2003

Park and Park, 2007

# Effects of **Sarcoplasmic Protein (SP)** addition to Pollock surim

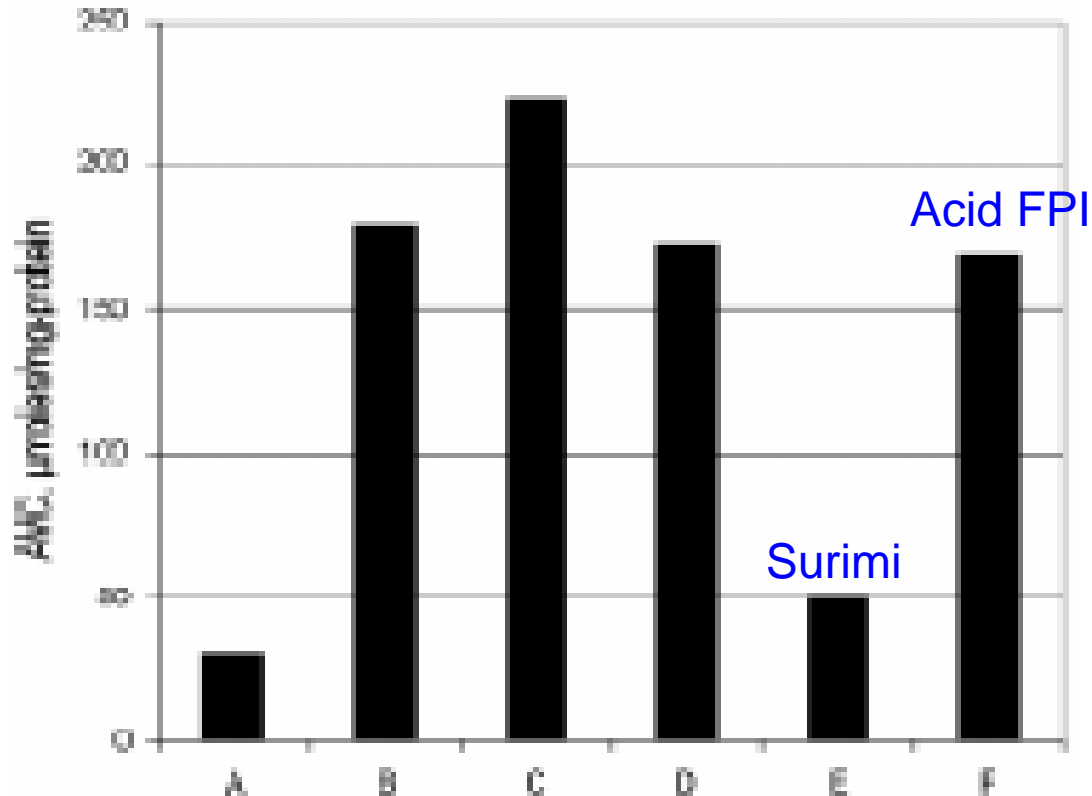
▣ Breaking force (g)    ▣ Deformation (mm)





## Cathepsin – L Activity

### Pacific whiting



Choi and Park  
(2002)

**Figure 3—Cathepsin L activities of samples at various treatments: A: Water-soluble protein after 1-washing cycle; B: Water-soluble protein after 3-washing cycle; C: Supernatants after pH 2.5 treatment; D: Supernatants after pH 5.5 treatment; E: Surimi after 3-washing cycle; F: Surimi from acid-aided processing**

**A: Water-soluble fraction after 1 washing; B: Water-soluble fraction after 3 washing;**

**C: Supernatant after pH 2.5 solubilization; D: Supernatant after pH 5.5 precipitation;**

**E: Surimi after 3 washing; F: FPI after acid solubilization**

**Table 2 – Color values of ground raw material, surimi, and protein isolates (PIs) Catfish**

Sample	$L^*$	$a^*$	$b^*$	Whiteness
Surimi	70.4 ± 1.1a	-0.9 ± 0.2a	0.7 ± 0.4a	70.4a
Acid PI	73.8 ± 0.4b	-3.6 ± 0.2c	5.7 ± 0.3c	72.9b
Acid PI (skip 1st centrifugation)	75.1 ± 0.3c	-2.3 ± 0.2b	7.9 ± 0.5d	73.8c
Alkali PI	75.0 ± 0.7c	-3.0 ± 0.2 c	0.2 ± 0.4a	74.8d
Alkali PI (skip 1st centrifugation)	78.4 ± 0.3d	-2.2 ± 0.1b	3.2 ± 0.0b	78.1e

<sup>a</sup>Means within 1 species having different letters are significantly different ( $P < 0.05$ ). Kristinsson et al (2005)

**Table 1 – Color values of samples prepared by various treatments<sup>a</sup> Rockfish**

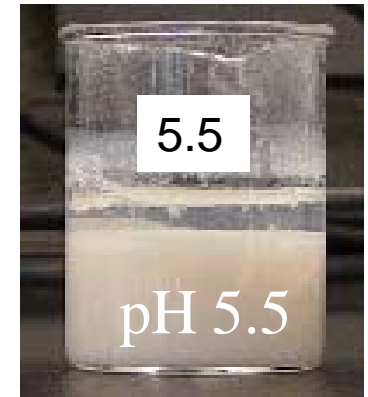
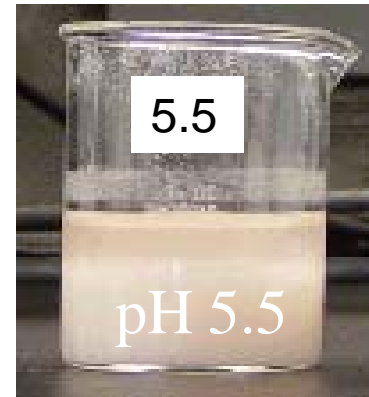
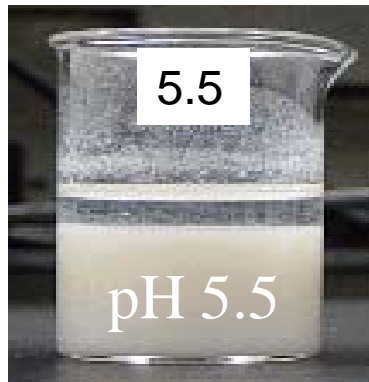
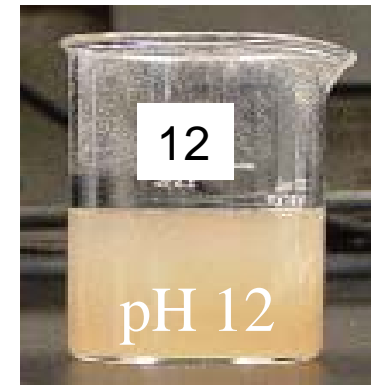
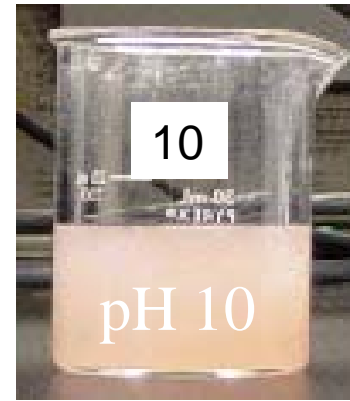
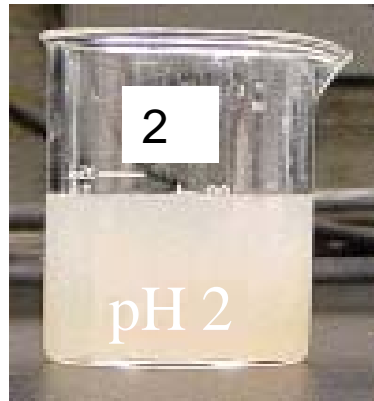
Sample	$L^*$	$a^*$	$b^*$	Whiteness ( $L^* - 3b^*$ )
M	77.63 <sup>c</sup>	2.60 <sup>a</sup>	7.19 <sup>a</sup>	56.07 <sup>d</sup>
WM	81.22 <sup>a</sup>	1.69 <sup>b</sup>	0.83 <sup>d</sup>	78.74 <sup>a</sup>
AC	79.06 <sup>b</sup>	1.17 <sup>c</sup>	4.74 <sup>c</sup>	64.84 <sup>b</sup>
AK	76.20 <sup>d</sup>	-0.04 <sup>d</sup>	5.67 <sup>b</sup>	59.18 <sup>c</sup>

<sup>a</sup>Means with different letters in the same columns are significantly different ( $P < 0.05$ ).

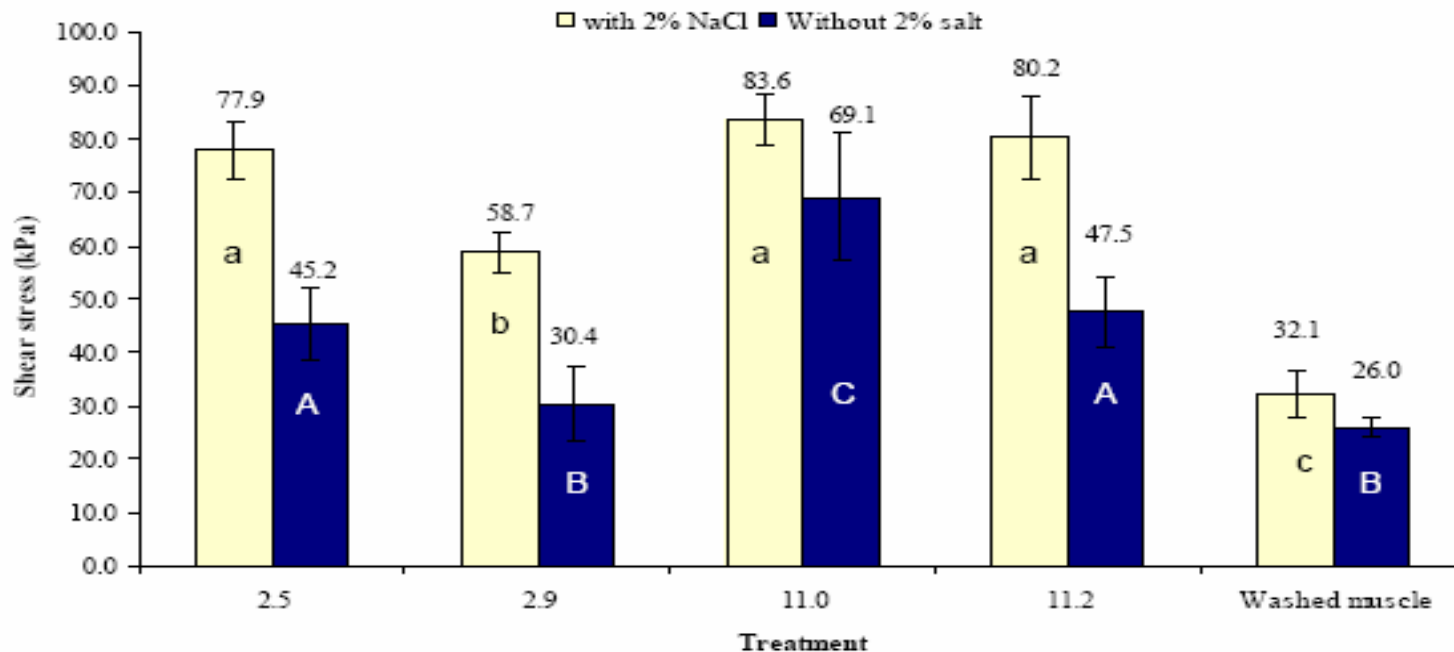
Yongsawatdigul and Park (2005)

Effects of pH on the appearance of **Sarcoplasmic Proteins** (SP) from Pacific whiting

SP (pH 7)  
(No NaCl)



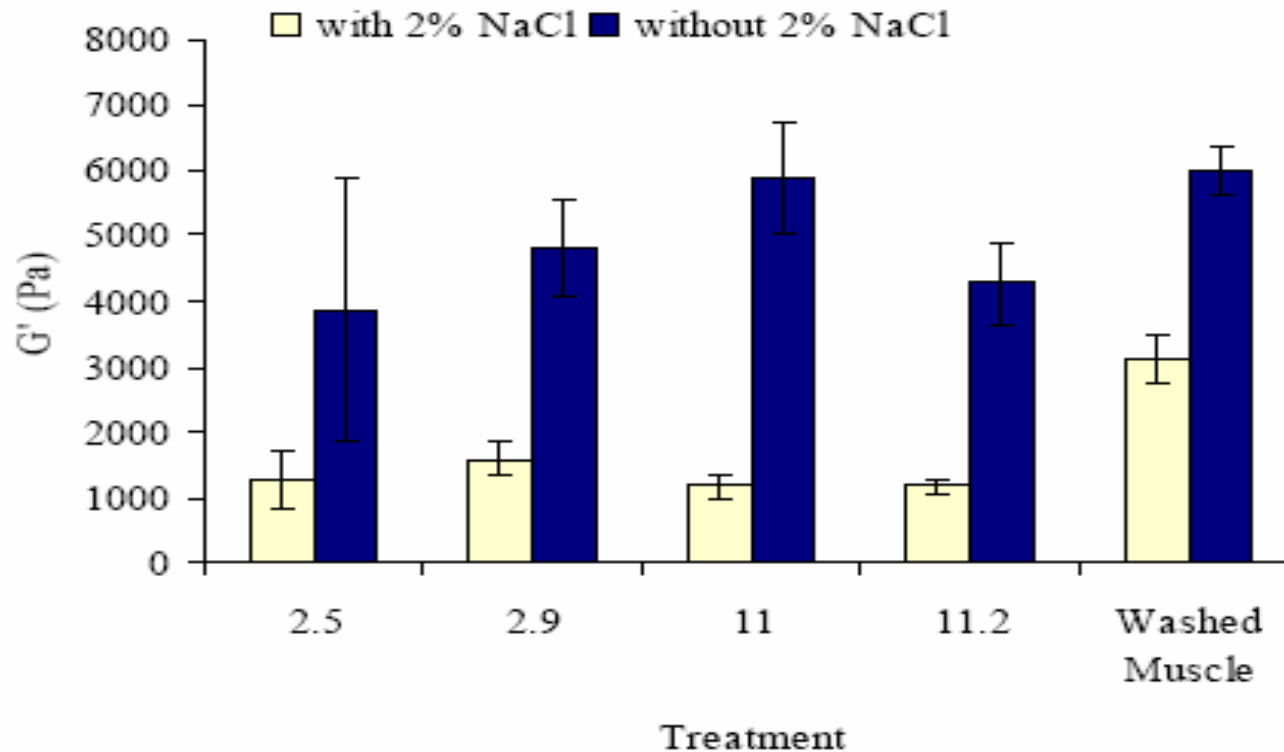
# Effect of salt addition on gelation of FPI



Ingadottir (2004)

Figure 7-1. Shows shear stress values (kPa) of gels produced from white muscle proteins of tilapia. The use of low and high solubilization pH treatment was compared to a three cycle washing treatment (control). Gels were cooked in steel tubes at 80°C for 30 min. The gels were stored in a cold room at 4°C for 48 hours prior to testing with a Torsion Gelometer. Results are mean  $\pm$  SD. Different capital letters indicate significant difference ( $p < 0.01$ ) for treatments without 2% NaCl. Different small letters indicate a significant difference for treatments with 2% NaCl. For each treatment gels with 2% NaCl (w/w) had a significantly higher stress value, except for washed muscle.

# Effect of salt addition on gelation of FPI



Ingadottir (2004)

Figure 7-3. Storage modulus ( $G'$ ) of protein pastes at 5°C before gelation. Results are mean  $\pm$  SD.

## Effect of Salt Addition on Texture of Menhaden Surimi and FPI

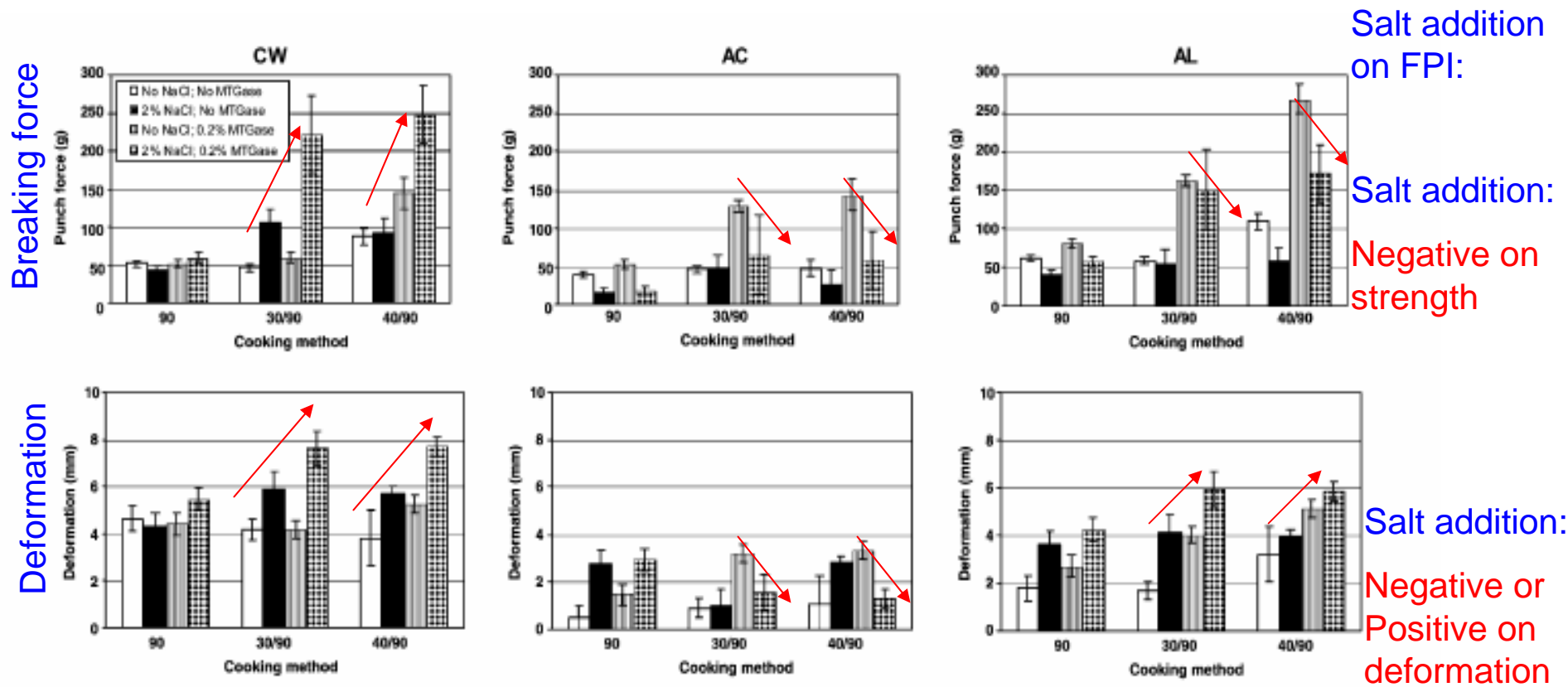
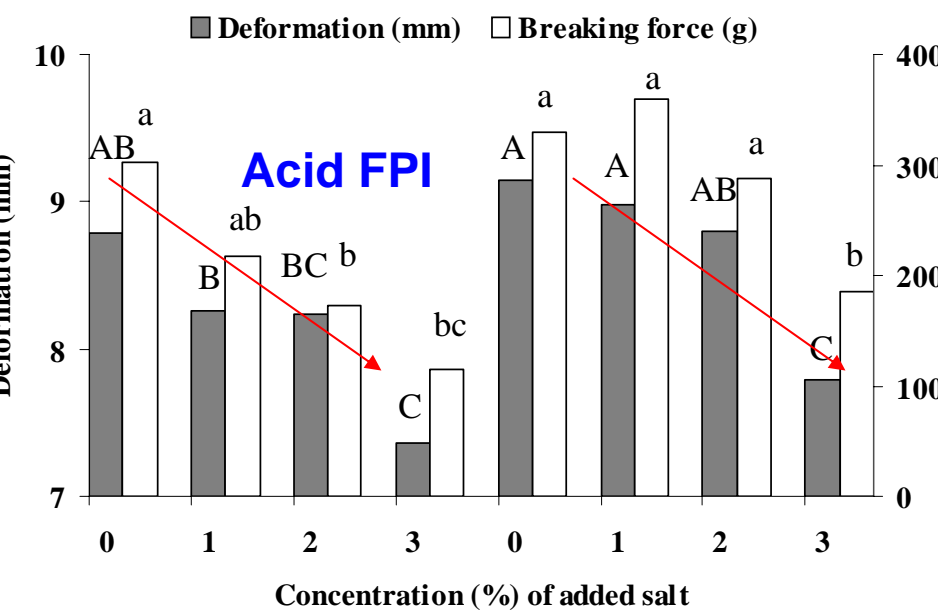
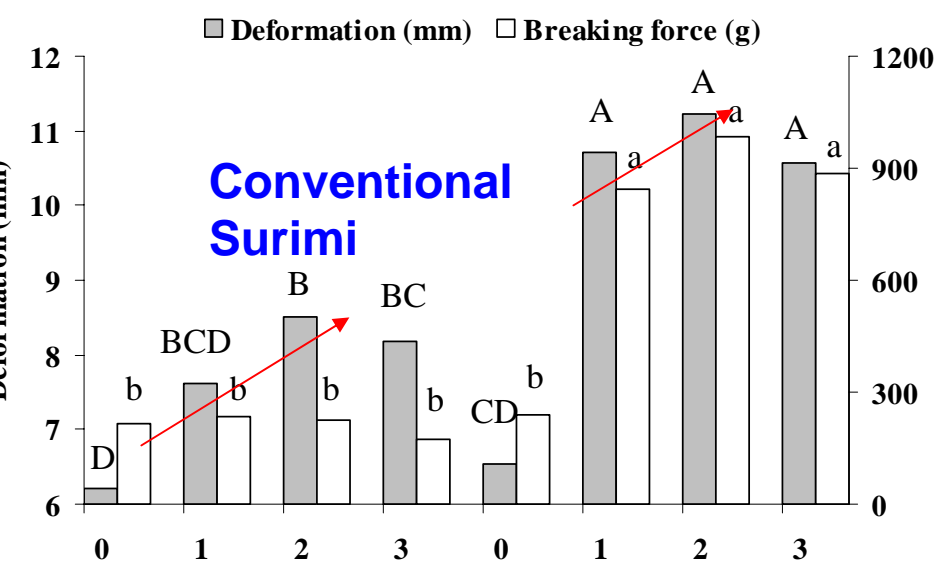
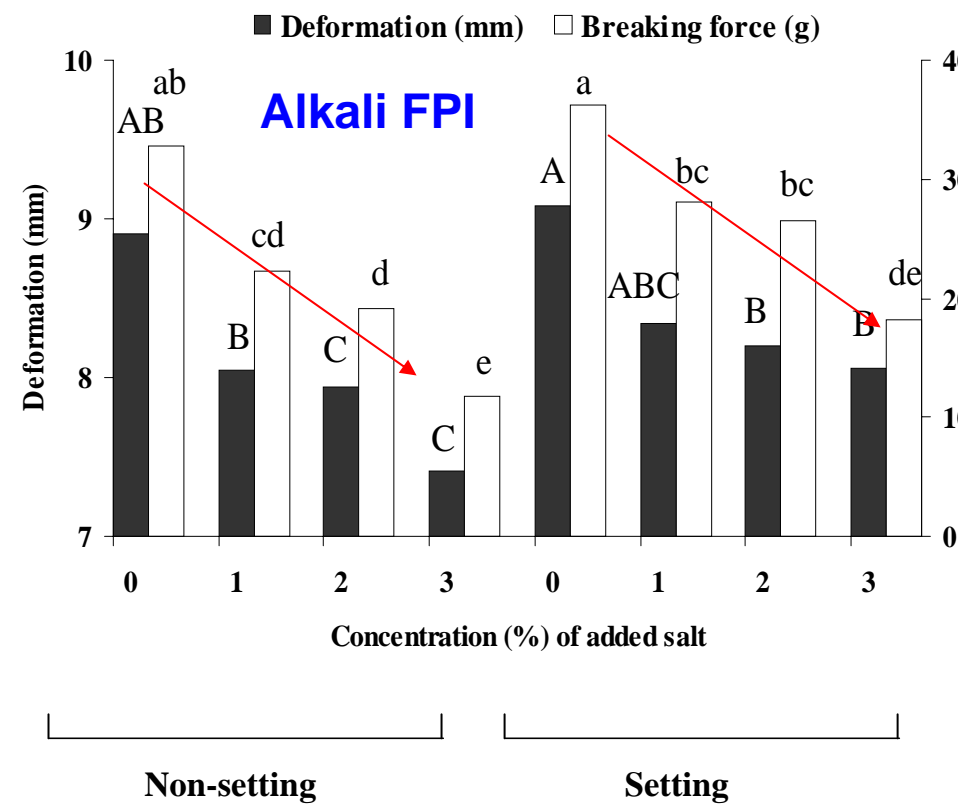


Fig. 1. Comparison of puncture test values for surimi gels made with three surimi types: conventionally washed (CW), acid-solubilized (AC) and alkaline-solubilized (AL). Gels were made with or without 2% NaCl, and with or without 0.2% added microbial transglutaminase (TGase). 90 indicates that gels were cooked at 90 °C for 20 min, 30/90 and 40/90 indicate gels incubated at 30 and 40 °C for 30 min, respectively, followed by cooking at 90 °C for 20 min. Error bars represent the standard deviation of 6–10 samples.



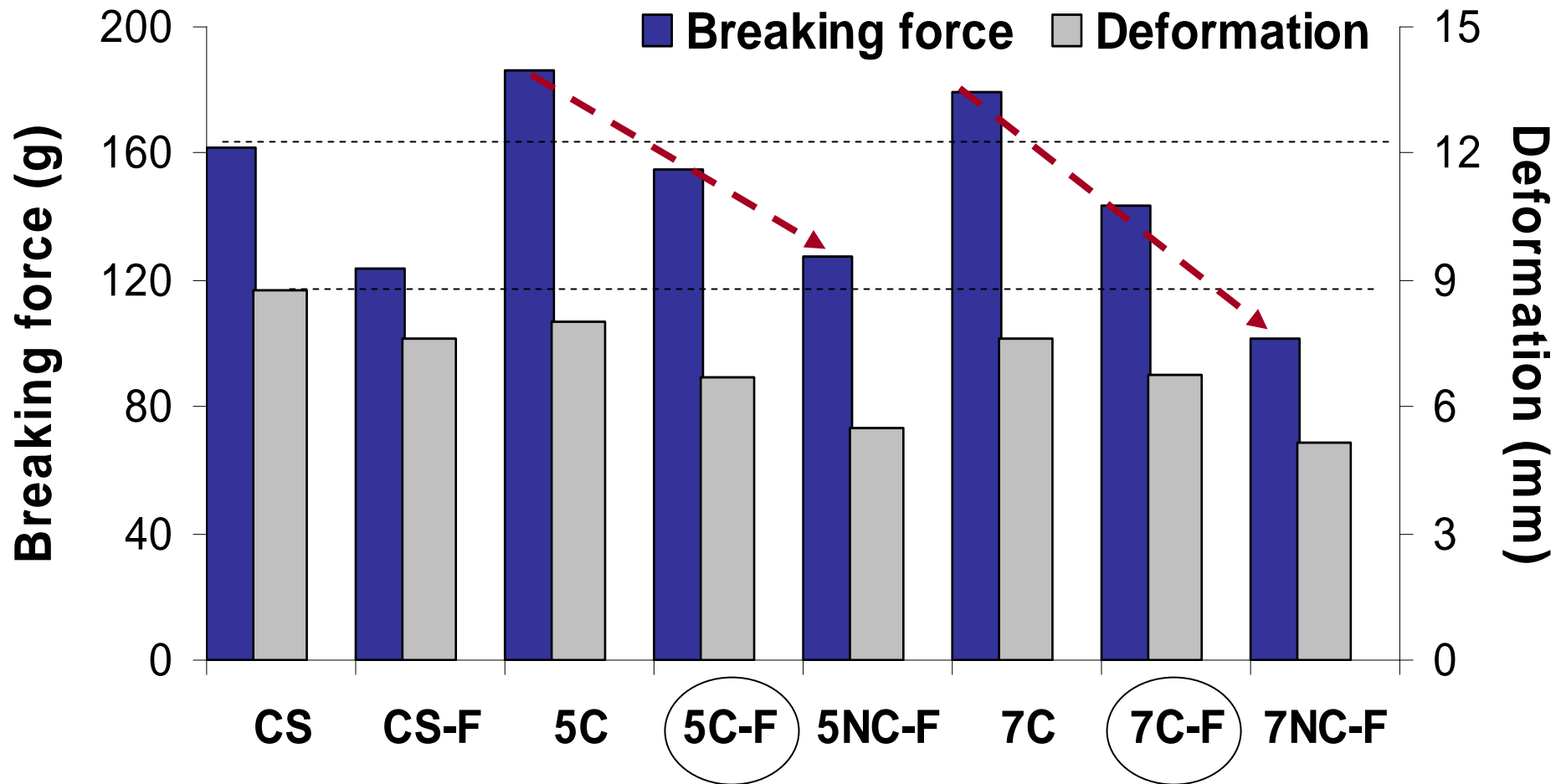
## Effect of salt addition on gelation of FPI



Non-setting                      Setting



# Should FPI be stored frozen with cryoprotectants? At what pH?



(Thawornchinsombut and Park 2004)

# Current Commercial Players

## ● MPF Inc

- ▶ Alkaline and Acid solubilization
- ▶ Product development with private industries
- ▶ Promote FPI slurry (marinade) injection

## ● Proteus Industries Inc

- ▶ Acid solubilization only
- ▶ Product development with private industries
- ▶ Promote FPI to form a barrier film for fried foods -  
→ Reduced fat pickup by 25-75%

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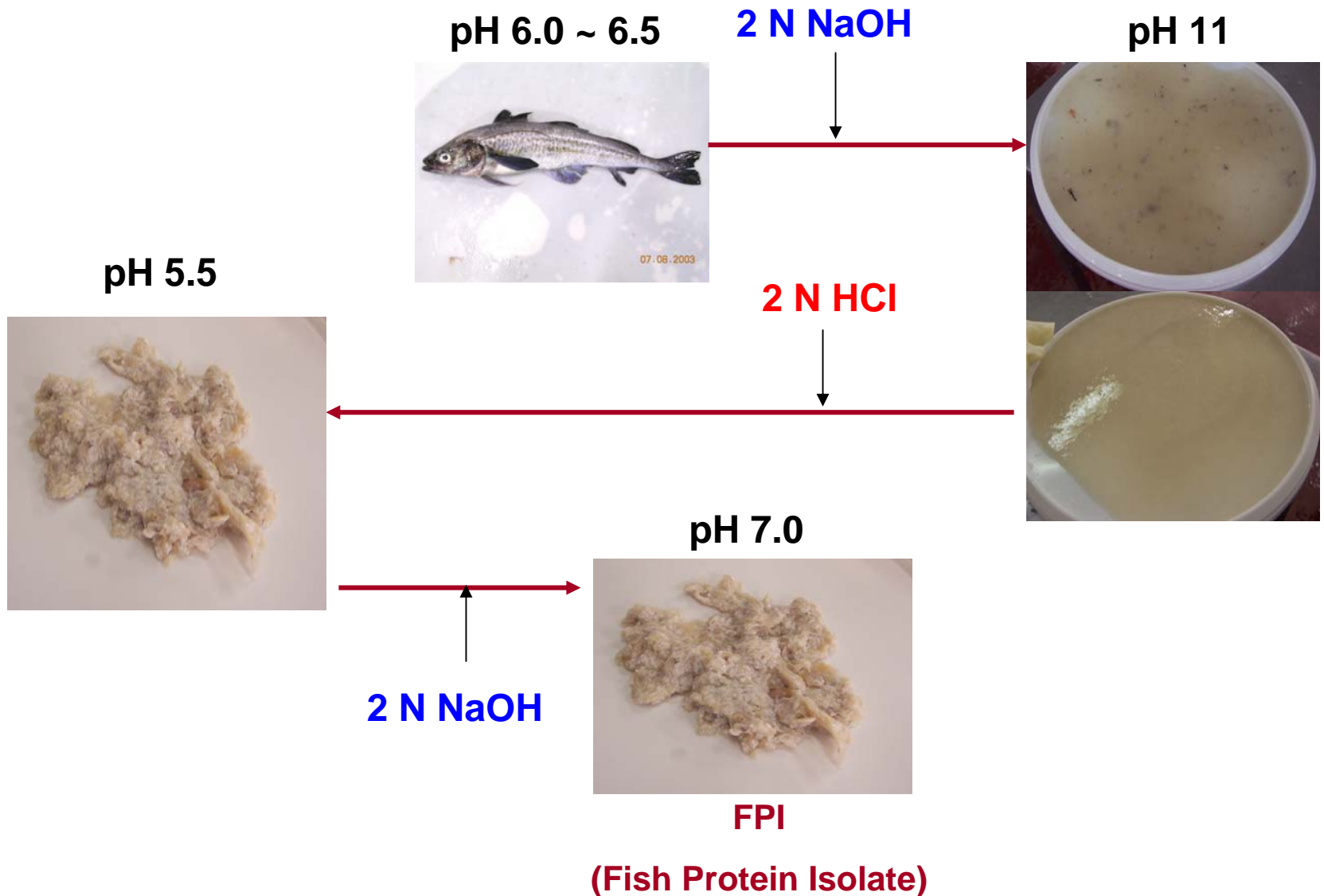
## ● Proteus Industries Inc

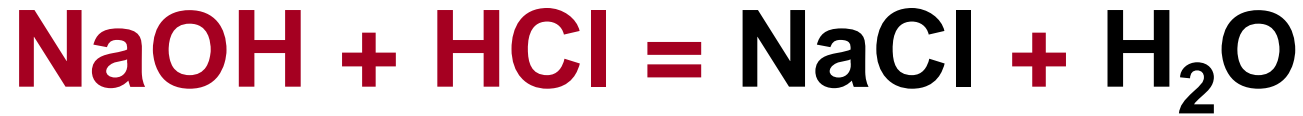
- ▶ Acid solubilization only
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- ▶ Promote FPI to form a barrier film for fried foods -  
→ Reduced fat pickup by 25-75%

**The Future of FPI Technology** has  
to be directed to:

***Fish Protein Isolate* to replace  
Conventional Surimi !**

# Are chemicals (NaOH and HCl) used simply as a processing aid?

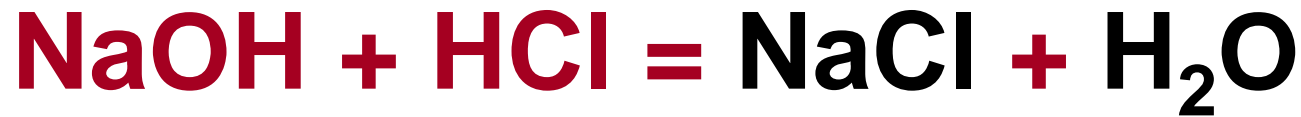




pH 6.0~6.5 → pH 11.0 → pH 5.5 → pH 7.0

## Questions need to be answered:

1. How much NaOH was added?
2. How much HCl was added?
3. Were all chemicals canceled out as salt and water?
4. Was there any residual NaOH unused after neutralizing HCl?



pH 6.0~6.5 → pH 11.0 → pH 5.5 → pH 7.0

**21 CFR 101.100(a)(3)(ii)(b) -**

Substances that are added to a food during processing, are converted into constituents normally present in the food, and do not significantly increase the amount of the constituents naturally found in the food.

→ Therefore, *NaOH and HCl are used as a processing aid and no labeling is required.*

# Summary

1. Proteins were **chemically unfolded** (denatured?) when solubilized in acid or alkali.
2. Upon the pH adjustment to 7, **myosin** was **partially refolded back**.
3. **Highly homogenous dispersion** improved gelation.
4. **Alkaline** solubilization gave **better texture** and **reduced lipid content**.
5. **Acid** solubilization gave **slightly better color**.
6. **Higher yield** was obtained by **both acid and alkali** solubilization.
7. No significant effect of frozen storage pH was reported, but **cryoprotectants must be added**.

Thank You.....

